

# **5280 Athletics Code of Conduct**

Welcome to the 5280 Athletics Organization! We are excited to have you join our organization in where we strive for excellence in everything we do. This excellence involves areas that extend far beyond winning and losing. Athletic success is the direct result of the combination of effort, teamwork, commitment, and sportsmanship. These traits have long been the building blocks for success beyond the court or field. We are pleased you have joined the coaches, athletes, and parents in continuing this tradition of excellence.

### Message to the Parents/Guardians

This material is presented to you because your son/daughter has been identified and or chosen to participate in 5280 Athletics. In most cases you have selected our organization to continue your son/daughter progression athletically. We believe that participation in sports provides a wealth of opportunities and experiences that assist with mental, athletic, and academic growth.

As a parent/guardian of a student-athlete, you also have committed yourselves to certain responsibilities and obligations that are reflective of highest character you can exhibit at our sporting events. Failure to comply with the code may lead to discipline and possible expulsion from the team.

### Parent/Guardian Code Policy

- 1. Do not under any circumstance talk to the coach about playing time or positions.
- 2. Remember that you are there to support your athlete.
- 3. Lead by example and respect all players, coaches, officials, administrators and spectators. Physical or verbal abuse will not be tolerated.
- 4. Never publicly criticize players, parents, officials or volunteers.
- 5. Do not use remarks based on race, religion, gender or athletic ability.
- 6. Do not use information technology to make or post inappropriate comments against players, clubs, club officials, match officials or the League which are discriminatory or offensive. Information technology includes, but is not limited to, email, instant messaging, text messages, phone messages, digital images, website postings (including social media such as Facebook, Twitter and blogs).



#### Message to the Athlete

We are uncompromising regarding athletic excellence. This tradition was not built overnight. It took years of dedication, commitment, and hard work by a countless number of people. Once you have become a member of a team, you have made a choice to uphold certain standards expected of athletes at 5280 Athletics.

Your participation in athletics is a privilege and should be treated as such. Any time you wear the 5280 brand, you are representing yourself, your family and the 5280 Athletics organization. Your behavior should be above reproach academically and athletically.

## **Athlete Code Policy**

- 1. Always respect your coaches and parents.
- 2. Play by the rules.
- 3. Attend all practices and games/events. If unable, players/parents must inform the coach as soon as possible.
- 4. Respect and follow the directions of officials. (Back talking the officials will not be tolerated.)
- 5. Treat all officials and players with respect, as you would want them to treat you.
- 6. Do not use abusive language.
- 7. Avoid all acts likely to incite spectators or opponents to violence or disorder.
- 8. Make no detrimental statements in public (radio, television, print or electronic media) regarding the performance of any match officials or players, or any policy decisions of 5280 Athletics.
- 9. Do not use remarks based on race, religion, gender or athletic ability.
- 10. If you believe you are not getting enough playing time or prefer another position on your team, talk to the coach directly and discuss what you need to do for that opportunity.
- 11. Do not use information technology to make or post comments about players, clubs, club officials, match officials or the League which are discriminatory or offensive. Information technology includes, but is not limited to, email, instant messaging, text messages, phone messages, digital images, website postings (including social media such as Facebook, Twitter and blogs).